

DIABETES MIC

Total Core Items	214
Disease Specific for Diabetes	
DIABETES-39	39
Overall Total	253

DIABETES-39

During the past month how much was the quality of your life affected by: (place an X in a box between 1 and 7)

	Not affected at all						Extremely affected
	1	2	3	4	5	6	7
1. your diabetes medication schedule	1	2	3	4	5	6	7
2. worries about money matters	1	2	3	4	5	6	7
3. limited energy levels	1	2	3	4	5	6	7
4. following your doctor's prescribed treatment plan for diabetes	1	2	3	4	5	6	7
5. food restrictions required to control your diabetes	1	2	3	4	5	6	7
6. concerns about our future	1	2	3	4	5	6	7
7. other health problems besides diabetes	1	2	3	4	5	6	7
8. stress or pressure in your life	1	2	3	4	5	6	7
9. feelings of weakness	1	2	3	4	5	6	7
10. restrictions on how far you can walk	1	2	3	4	5	6	7
11. any daily exercises for your diabetes	1	2	3	4	5	6	7
12. loss or blurring of vision	1	2	3	4	5	6	7
13. not being able to do what you want	1	2	3	4	5	6	7
14. having diabetes	1	2	3	4	5	6	7
15. losing control of your blood sugar levels	1	2	3	4	5	6	7
16. other illnesses besides diabetes	1	2	3	4	5	6	7
17. testing your blood sugar levels	1	2	3	4	5	6	7
18. the time required to control your diabetes	1	2	3	4	5	6	7
19. the restrictions your diabetes places on your family and friends	1	2	3	4	5	6	7
20. being embarrassed because you have diabetes	1	2	3	4	5	6	7
21. diabetes interfering with your sex life	1	2	3	4	5	6	7
22. feeling depressed or low	1	2	3	4	5	6	7
23. problems with sexual functioning	1	2	3	4	5	6	7
24. getting your diabetes well controlled	1	2	3	4	5	6	7
25. complications from your diabetes	1	2	3	4	5	6	7
26. doing things that your family and friends don't do	1	2	3	4	5	6	7
27. keeping a record of your blood sugar levels	1	2	3	4	5	6	7
28. the need to eat at regular intervals	1	2	3	4	5	6	7
29. not being able to do housework or other jobs around the house	1	2	3	4	5	6	7
30. a decreased interest in sex	1	2	3	4	5	6	7
31. having to organise your daily life around diabetes	1	2	3	4	5	6	7
32. needing to rest often	1	2	3	4	5	6	7
33. problems in climbing stairs or walking up steps	1	2	3	4	5	6	7
34. having trouble caring for yourself (dressing, bathing, or using the toilet)	1	2	3	4	5	6	7
35. restless sleep	1	2	3	4	5	6	7
36. walking more slowly than others	1	2	3	4	5	6	7
37. being identifies as a diabetic	1	2	3	4	5	6	7
38. having diabetes interfere with your family life	1	2	3	4	5	6	7
39. diabetes in general	1	2	3	4	5	6	7